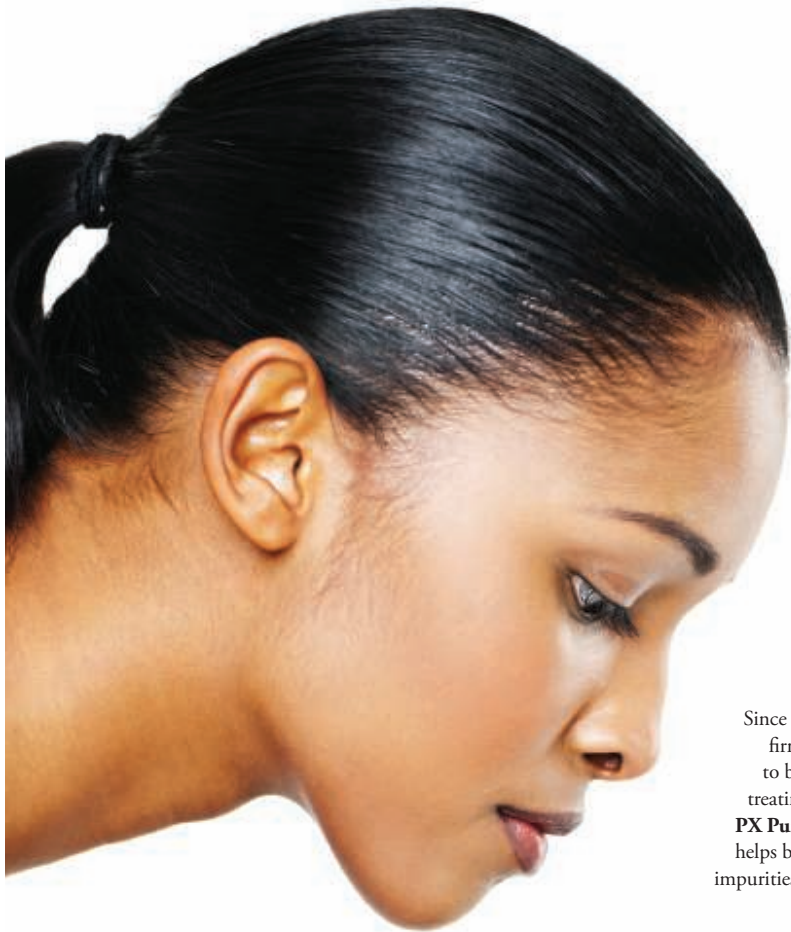


BEAUTY
LOOK YOUR BEST



START OUT CLEAN

"A good skin care routine is the basis of a clear complexion," says Rendon. **June Jacobs Anti-Aging Blemish Control Foaming Cleanser** cleanses and helps control acne with tea tree oil and salicylic acid and neutralizes skin-damaging free radicals with antioxidants and botanical extracts. \$48 | junejacobs.com

PURIFY YOUR PORES

Since adult skin starts to lose elasticity, firmness and luminosity, that needs to be taken into consideration when treating acne. **BABOR SKINOVAGE PX Pure Purifying Anti-Aging Cream** helps banish blemishes by getting rid of impurities as it improves aging skin tissue. \$70 | babor.com



Double Trouble

GET YOUR ACNE AND AGING ISSUES UNDER CONTROL.

You hoped that your 30s and 40s would bring you not only maturity and experience but also clearer skin as you left acne behind in your teens and 20s. So why are you still dealing with zits along with those first little lines and wrinkles? "Acne actually peaks...again in your 30s," says Marta I. Rendon, M.D., founder of the Rendon Center for Dermatology

and Aesthetic Medicine in Boca Raton, Fla. "Hormonal fluctuations, pregnancy and stress are the causes of acne at this age, which is also when we start to show the first signs of aging." Luckily, there are new products that'll help banish both your acne and aging concerns so that you can continue to age beautifully.

—Ivette Manners



TIP

Retinoid is known to fight acne and fine lines at the same time. Nonprescription retinols like **Neova Matrix Active Retinol** are less irritating than aggressive prescription retinoids that can cause more hyperpigmentation. \$69 | neova.com

