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APRIL 2003

DARE TO DREAM BIG!

WOMEN WHO FOLLOWED
THEIR PASSION AND
CHANGED THEIR LIVES

THE SKIN SAVERS
AMERICA'S BEST
DERMATOLOGISTS

**SEX CAMP
FOR BOOMERS**

YOUR BODY'S CHANGING—
YOUR CHECKUP SHOULD, TOO
6 MUST-DO'S NEXT TIME

**SELF-DESTRUCT
SYNDROME**
WHEN THE BEST
AND BRIGHTEST GO
OFF THE DEEP END

BRIGHT & BREEZY

EASYGOING SPRING CLOTHES, HEY-LOOK-AT-ME WATCHES,
HOT COLORS FOR LIPS AND NAILS

IMAN STRIKES GOLD

FROM
SUPERMODEL
TO CEO—
AND SHE'S GOT
A GREAT GUY
(DAVID BOWIE)

ENTER
OUR 40+
MODEL
SEARCH
on Page 80

more's

black book

THE TOP DERMATOLOGISTS FOR
THE MOST WANTED
PROCEDURES COAST TO COAST

BY BROOKE EASTBURN • PHOTOGRAPHS BY BRUNO GAGET

Need to look amazing, fast? When the solution can no longer be found in a jar, it may be time to find an expert dermatologist. To learn which docs are tops, we sought out noted doctors and had them recommend colleagues they admire. We also consulted Castle Connolly's guides, which list doctors' picks for the best practitioners. The result: our guide to dermatologists—and a few plastic surgeons who perform dermatological procedures—whose techniques set them apart from the pack.

ADULT ACNE AND ROSACEA

Cost: From \$75 for office visit
to \$300 per blue-light
treatment (eight required)

> Boca Raton

MARTA RENDON, M.D.
561-750-0544

Medical director of the
Aesthetic and Laser Center,
Rendon treats both acne
and rosacea as stress-related
conditions that are linked
to inflammation and bacteria.