



*Soothe Stressed Skin*

by April Franzino

**A spa facial might not fit into your holiday budget**, but you can give your skin TLC with an at-home mask. “Put it on just before you shower; the steam enhances the penetration of the ingredients,” says Marta I. Rendon, M.D., founder of the Rendon Center for Dermatology & Aesthetic Medicine in Boca Raton, Florida. Follow her tips below to choose the right mask for you.

**Skin type: OILY**

**Best formula:**

Clay, which pulls out impurities and minimizes oil

**Our pick:** **Olay**

**Professional Pro-X**

**Clear Intensive**

**Refining Sulfur**

**Mask Sulfur Acne**

**Treatment** (\$30, drugstores), made with 10 percent sulfur, which fights acne

**Skin type: COMBO**

**Best formula:** Gel,

with exfoliators, like retinol and gentle acids, to help rejuvenate skin

**Our pick:** **Dr. Dennis**

**Gross Skincare Age**

**Erase Recovery**

**Mask** (\$48, Nordstrom

stores), a two-step self-heating treatment with retinol and ascorbic acid

**Skin type: DRY**

**Best formula:** Cream,

infused with hydrators like shea butter, hyaluronic acid and natural oils

**Our pick:** **Caudalie**

**Vinosource**

**Moisturizing Cream-**

**Mask** (\$40, Sephora

stores), which contains nourishing grapeseed oil and hyaluronic acid